



HEALTH & WELLBEING

8 Hair

8 Town Hall Street, Grimsby
15% discount
T: 01472 349359

Attic Spa

Abbey Gate, Grimsby
10% discount excluding non-surgical treatments
T: 01472 352447

Humber Martial Arts

Get your first class free!
Discounted class bundle
T: Darren 07411 373240

Instantly Fit - Personal Training

15% discount off personal training
Discounted bundles available
T: Dave Marshall 07941016652

Lincs Inspire

Discounted rates, multiple sites
£27 per month or £297 annually
W: www.lincsinspire.com

NAVIGO Dance Class ▶

£2.00 for staff & £2.50 for partners
Free for NAViGO volunteers
Tuesdays 5:30pm-6:30pm
St Francis Church Hall, Cleethorpes
T: Trudy 07986 969357

Reshapers Health & Fitness

£25 per month or
£300 annual membership
T: 01472 241322

Simply You@NAVIGO ▶

Ground Floor, NAViGO House
3-7 Brighowgate, Grimsby
10% discount on treatments and
therapies
T: 01472 583020

Tip Top Toe - Hair & Beauty

Carr Lane, Cleethorpes
10% discount
T: 01472 291999

The Yoga Studio

Abbey Gate, Grimsby
£1 discount per class
T: Claire Roach 07931 561750



FOOD & DRINK

Abby's Bistro

Abbey Gate, Grimsby
Become an Abby's Business Friend and receive
10% off your bill Sunday-Thursday
W: www.abbysbistro.co.uk

Brown's Family Butchers

29 Louth Road, Grimsby
10% discount
T: 01472 488064

Cafe Blue ▶

Grimsby Garden Centre, Laceby
10% discount

Coffee House at NAViGO House ▶

Ground floor, 3-7 Brighowgate
10% discount
T: 01472 345678

The Curious Cat

Bethlehem St, Grimsby
Abby's Business Friends receive
10% off Sunday-Thursday
T: 01472 289610

Deli-Licious

St Peters Avenue, Cleethorpes
10% discount when spending £10
T: 01472 580243

LIDS - Tapas & Cocktails

34-36 Louth Road
10% discount
W: www.lidstapas.com/

Riby Fishmongers

Riby Street, Grimsby
10% discount
T: 01472 353283

Riverhead Coffee

Victoria Street, Grimsby &
St Peters Avenue, Cleethorpes
10% discount
T: 01472 600515

Robson's Florist, Fruit & Veg

Short St, Cleethorpes
Various offers
Free delivery fruit & veg boxes
T: 01472 693268

Tukes Cafe in the Park ▶

People's Park, Grimsby
10% discount



PRODUCTS & SERVICES

A&M Mobile Valeting

10% discount on wash, wax and polish.
T: 07532 820139 (quote NAViGO/NAViGO Extra)

AT Auto, Garage Services

Ladysmith Road
10% discount T: Alan 01472 250605

Belle & Bee - Handmade Jewellery

26E Wellowgate, Grimsby
10% discount T: 01472 359999
W: www.belleandbee.co.uk

Carpet Kingdom

231 Grimsby Road, Cleethorpes
10% discount T: 01472 693037

Cross Skills Florist

250 Heneage Road, Grimsby
10% discount on all orders
T: 01472 360808

DDM Financial - waving broker fee

T: Rachel Shadlock 01472 360094

The Fragrance Shop

Freshney Place Shopping Centre
10% discount in store

Freshney Beds

3-5 Alexandra Road, Grimsby
15% discount over £150
T: 01472 720856

Grimsby Carpet Warehouse

Freeman Street, Grimsby
10% discount T: 01472 344861

Grimsby Garden Centre ▶

Grimsby Road, Laceby
10% discount T: 01472

Grimsby Sunblinds

Freeman Street, Grimsby
10% discount T: 01472 355398

Hardy's Home Installations

St Hugh's Avenue, Cleethorpes
20% discount T: 07712 203471

Jayne Marriott Horse Equine Dental

Caistor, Lincolnshire
10% discount - Normal priced at
£45.00
T: 07803066615

Lloyds Pharmacy

Little Coates Road
20% discount (T&C's apply)

Roy Laughton Removals

Lister Street, Grimsby
£5 off hourly rate T: 01472 354555

Scartha Eyecare

11 Waltham Road, Grimsby
10% discount T: 01472 354555

Top Marcs, Auto Centre

Charlton Street, Grimsby
20% discount T: 01472 341008

The Wood Furniture Store

7 Nickerson Way, Holton le Clay
10% discount
T: 01472 828282

▶ = NAViGO Enterprise

NAViGO ID Badge/Membership
Card must be displayed to receive a
discount. Special offers and reduced
items are exempt from discounts. Visit
www.navigocare.co.uk for T&C's.



Reward & Recognition NAVIGO member benefits



Your membership benefits

Here at NAViGO, we consider our membership to be one of our most valuable resources.

We recognise that the people that matter most are our service users and their loved ones, and that their opinions, suggestions and input are vital to providing high quality services.

We know that a supported and valued membership provides us with a strong foundation on which to build an organisation that we can all be truly proud of. Our goal of providing high quality care services that we would be happy for our families to receive is made possible by the hard work and input of our staff and community membership.

Read on to discover how you can take advantage of the ever-growing selection of perks that have been handpicked to promote financial, physical, and emotional wellbeing.

Our discounts include...



Health and beauty

From discounted gym memberships to savings on holistic therapy treatments.



Food and drink

A variety of exclusive savings at local restaurants, cafes and eateries.



Products and services

From flowers and jewellery to car repairs and furniture for your home.

Have we missed something?

This leaflet, with all the excellent benefits contained within, is our way of reminding you how highly we regard our membership.

We are always looking to improve, and this does not rest at the services we provide to our service users.

If you have suggestions as to how we might develop our staff and community benefits scheme, please get in touch, using the details on the back of this leaflet.

Your Voice @NAVIGO

Your Voice is a social hub for NAVIGO carers, service users, staff members and community members who have an interest in helping to shape local mental health services.

It takes place on the second Friday of each month at 11am and is open to all.

Attendees can hear about all the latest news, developments and events within NAVIGO, getting involved in the conversation and having their voice heard.

A wide range of guest speakers from supporting agencies attend and speak about all the opportunities available within North East Lincolnshire.

Membership reps will also be present for you to ask any questions or express your ideas about how NAVIGO can continue to deliver services we would be happy for our own family to use. It is an opportunity to make a real difference in a friendly, relaxed atmosphere.

Contact

For further information please contact:

Membership benefits

Corporate Affairs

T: 01472 583066

E: amy.quickfall@nhs.net

Over time, details in this leaflet may become out of date, please check www.navigocare.co.uk for up-to-date information and T&C's.



NAVIGO Health and Social Care CIC

NAVIGO House, 3-7 Brighowgate, Grimsby, DN32 0QE

T: (01472) 583000 E: info.navigo@nhs.net

W: www.navigocare.co.uk

Company Registration Number 7458926

membership discounts inside!